

## CPSY 639 Practicum Evaluation

Student: \_\_\_\_\_

Supervisor: \_\_\_\_\_

Semester: \_\_\_\_\_

1 = Below acceptable level of proficiency for her/his level; Needs Improvement

3 = Is at acceptable level of proficiency for her/his level

5 = Advance level; Notable strength for her/his level

NI = No or little information to base evaluation for this item

**Note:** Grades are based on performance as evidenced by this evaluation.

### Counseling Skills

#### Relationship with Clients

- |                                                                                                                                         |   |   |   |   |   |    |
|-----------------------------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|----|
| 1. Is able to establish rapport and form a therapeutic working alliance with clients.                                                   | 1 | 2 | 3 | 4 | 5 | NI |
| 2. Instills hope and positive expectations.                                                                                             | 1 | 2 | 3 | 4 | 5 | NI |
| 3. Permits client expression.                                                                                                           | 1 | 2 | 3 | 4 | 5 | NI |
| 4. Facilitates client expression.                                                                                                       | 1 | 2 | 3 | 4 | 5 | NI |
| 5. Focuses on content or problems.                                                                                                      | 1 | 2 | 3 | 4 | 5 | NI |
| 6. Able to directly address and process issues that may negatively impact client's level of safety within the therapeutic relationship. | 1 | 2 | 3 | 4 | 5 | NI |
| 7. Is generally sensitive to dynamics and use of self in the counseling relationship.                                                   | 1 | 2 | 3 | 4 | 5 | NI |

#### Assessment & Diagnosis

- |                                                                                                                                                    |   |   |   |   |   |    |
|----------------------------------------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|----|
| 1. Identifies and describes client problems or issues.                                                                                             | 1 | 2 | 3 | 4 | 5 | NI |
| 2. Is able to make a tentative diagnosis based on clinical data.                                                                                   | 1 | 2 | 3 | 4 | 5 | NI |
| 3. Is able to integrate cultural factors (e.g., racial identity, acculturation, language, GLB identity, spirituality) into the assessment process. | 1 | 2 | 3 | 4 | 5 | NI |
| 4. Observes client nonverbal behavior.                                                                                                             | 1 | 2 | 3 | 4 | 5 | NI |
| 5. Conceptualizes and presents client and case material in organized manner.                                                                       | 1 | 2 | 3 | 4 | 5 | NI |
| 6. Tentatively defines goals.                                                                                                                      | 1 | 2 | 3 | 4 | 5 | NI |
| 7. Distinguishes between immediate and long term goals.                                                                                            | 1 | 2 | 3 | 4 | 5 | NI |
| 8. Able to state possible intervention strategies.                                                                                                 | 1 | 2 | 3 | 4 | 5 | NI |

#### Case Conceptualization

- |                                                                                                                                                                     |   |   |   |   |   |    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|----|
| 1. Recognizes discrepancies and meaning of inconsistent information.                                                                                                | 1 | 2 | 3 | 4 | 5 | NI |
| 2. Recognizes implications of client symptoms.                                                                                                                      | 1 | 2 | 3 | 4 | 5 | NI |
| 3. Has knowledge of the dynamics and treatment strategies for a variety of client presenting concerns (e.g., identity issues, sexual abuse, eating disorders, etc.) | 1 | 2 | 3 | 4 | 5 | NI |
| 4. Has a working knowledge of the major theories of psychotherapy.                                                                                                  | 1 | 2 | 3 | 4 | 5 | NI |
| 5. Is able to articulate theoretical framework for how change occurs.                                                                                               | 1 | 2 | 3 | 4 | 5 | NI |
| 6. Demonstrates awareness and understanding of process factors by describing their presence or possible impact on the therapeutic relationship.                     | 1 | 2 | 3 | 4 | 5 | NI |
| 7. Integrates clinical material into conceptual framework.                                                                                                          | 1 | 2 | 3 | 4 | 5 | NI |

### Intervention

- |                                                                                                                  |   |   |   |   |   |    |
|------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|----|
| 1. Has the ability to apply effective treatment strategies and techniques within several theoretical frameworks. | 1 | 2 | 3 | 4 | 5 | NI |
| 2. Is sensitive to the timing and appropriateness of interventions.                                              | 1 | 2 | 3 | 4 | 5 | NI |
| 3. Maintains facilitative balance between support and challenge.                                                 | 1 | 2 | 3 | 4 | 5 | NI |
| 4. Works at uncovering and intensifying client affect when appropriate.                                          | 1 | 2 | 3 | 4 | 5 | NI |
| 5. Works at helping client manage affect when appropriate.                                                       | 1 | 2 | 3 | 4 | 5 | NI |
| 6. Responds to and integrates nonverbal aspects of clients behavior.                                             | 1 | 2 | 3 | 4 | 5 | NI |
| 7. Is able to comment about the interpersonal process in therapy to client.                                      | 1 | 2 | 3 | 4 | 5 | NI |
| 8. Demonstrates attention to assessing and increasing client's coping skills.                                    | 1 | 2 | 3 | 4 | 5 | NI |
| 9. Terminates cases effectively.                                                                                 | 1 | 2 | 3 | 4 | 5 | NI |

### Multicultural Skills

- |                                                                                                                                                                                                                |   |   |   |   |   |    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|----|
| 1. Is able to monitor the impact of own style, feelings, values, biases, and problems in relationships.                                                                                                        | 1 | 2 | 3 | 4 | 5 | NI |
| 2. Has an awareness of personal values and biases and the impact that they might have on the therapeutic process.                                                                                              | 1 | 2 | 3 | 4 | 5 | NI |
| 3. Initiates self-examination and challenge in order to reduce one's bias as is manifests itself in the working relationship.                                                                                  | 1 | 2 | 3 | 4 | 5 | NI |
| 4. Demonstrates an understanding of the impact of environmental/contextual forces on the individual.                                                                                                           | 1 | 2 | 3 | 4 | 5 | NI |
| 5. Has the ability to identify the impact of the dominant culture on the lives of clients with different ethnic, economic, gender, age, physical disability, religious, and/or sexual orientation differences. | 1 | 2 | 3 | 4 | 5 | NI |
| 6. Uses language that demonstrates sensitivity to cultural, gender, and sexual orientation differences.                                                                                                        | 1 | 2 | 3 | 4 | 5 | NI |
| 7. Asks question or offers suggestions that help clients to think about how systemic issues may impact on their presenting concerns.                                                                           | 1 | 2 | 3 | 4 | 5 | NI |
| 8. Brings up and processes issues of cultural difference and diversity in the relationship.                                                                                                                    | 1 | 2 | 3 | 4 | 5 | NI |
| 9. Is able to manage feelings and biases in order to continue listening to the client without making premature conclusions or recommendations.                                                                 | 1 | 2 | 3 | 4 | 5 | NI |
| 10. Is able to remain empathic when, as a therapist she/he does not approve of client behavior or choices.                                                                                                     | 1 | 2 | 3 | 4 | 5 | NI |

## **Supervisory Relationship**

### Involvement in Learning Process

- |                                                                     |   |   |   |   |   |    |
|---------------------------------------------------------------------|---|---|---|---|---|----|
| 1. Uses supervision to further own development.                     | 1 | 2 | 3 | 4 | 5 | NI |
| 2. Uses his/her experience with clients to further own development. | 1 | 2 | 3 | 4 | 5 | NI |
| 3. Has shown personal growth and change.                            | 1 | 2 | 3 | 4 | 5 | NI |
| 4. Is open to taking risks.                                         | 1 | 2 | 3 | 4 | 5 | NI |
| 5. Is aware and involved in issues discussed during supervision.    | 1 | 2 | 3 | 4 | 5 | NI |
| 6. Accepts responsibility for learning.                             | 1 | 2 | 3 | 4 | 5 | NI |

Rapport

- |                                                              |   |   |   |   |   |    |
|--------------------------------------------------------------|---|---|---|---|---|----|
| 1. Is open to new information.                               | 1 | 2 | 3 | 4 | 5 | NI |
| 2. Shares competencies and skills with peers and supervisor. | 1 | 2 | 3 | 4 | 5 | NI |
| 3. Shares “areas of growth” with peers and supervisor.       | 1 | 2 | 3 | 4 | 5 | NI |
| 4. Is aware of limitations.                                  | 1 | 2 | 3 | 4 | 5 | NI |
| 5. Responds to feedback in a nondefensive manner.            | 1 | 2 | 3 | 4 | 5 | NI |

**Professional Conduct & Case Management**

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|-----------------------------------------------------------------------------------------|---|---|---|---|---|----|
| 1. Understands necessity for and demonstrates willingness to be observed and evaluated. | 1 | 2 | 3 | 4 | 5 | NI |
| 2. Takes responsibility in providing responsible critique and feedback to peers.        | 1 | 2 | 3 | 4 | 5 | NI |
| 3. Responds to peer feedback in a nondefensive manner.                                  | 1 | 2 | 3 | 4 | 5 | NI |
| 4. Keeps appointments (e.g., client, supervisory, class) with punctuality.              | 1 | 2 | 3 | 4 | 5 | NI |
| 5. Keeps case progress notes on all clients in timely fashion.                          | 1 | 2 | 3 | 4 | 5 | NI |
| 6. Case notes are accurate and complete and follow appropriate format.                  | 1 | 2 | 3 | 4 | 5 | NI |

**My signature indicates that I have read the evaluation and its contents were discussed with the practicum student.**

\_\_\_\_\_  
Practicum Student Signature                      Date

\_\_\_\_\_  
Supervisor Signature                              Date

CC: Supervisor  
Practicum Student  
Training Director